



THE RIPPLE OF KINDNESS

Why should we lend a helping hand?

Lesson Goals

Social Knowledge

- ◆ Understand the positive impact of helping others.
- ◆ Recognize potential risks and how to be cautious when helping.
- ◆ Express opinions on the effects of helping others through a class debate to raise awareness about evaluating situations before offering assistance.

Language Competencies

- ◆ Learn new vocabulary related to helping and caution from other students.
- ◆ Write a clear and structured retelling of a story focusing on sequence and key events.

1 ENGAGE

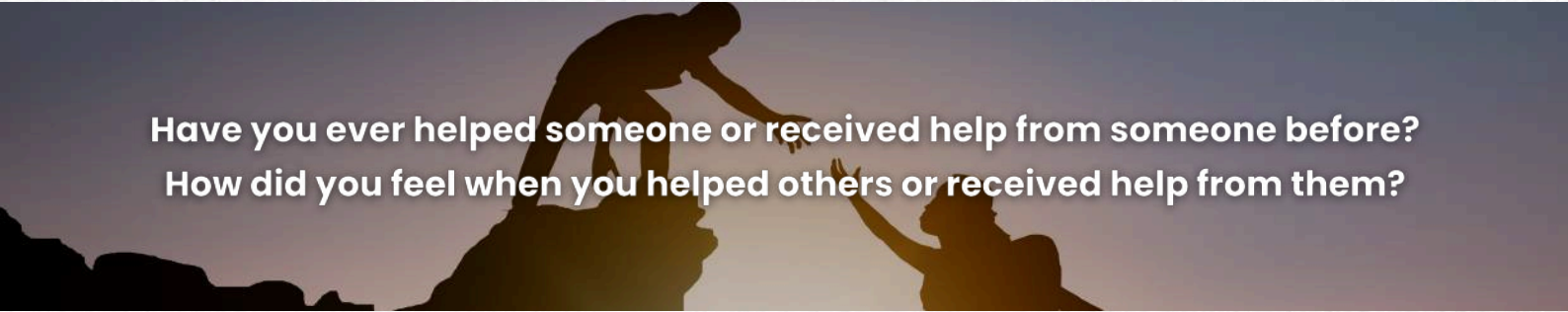
A Discussion

Look at the cover picture and discuss the questions below.

- Who do you see in the picture?
- What do you think they are doing? Why are they doing it? How do you think they feel?
- Have you ever helped strangers? Tell your friends about it.

B Self-reflection

Read the questions and discuss them with your friends.



Have you ever helped someone or received help from someone before?
How did you feel when you helped others or received help from them?

C 1. Quiz:

Tick the actions that demonstrate real help.

- A student shares their lunch with a classmate who forgot theirs.
- A student offers to do homework for a friend because they are tired.
- Someone helps an elderly person cross the street.
- A student offers to give money to a friend who is struggling financially, but in return, the friend has to do his homework.
- A student stands up for a classmate being bullied.
- A person shared personal information about a friend, thinking it would help others understand the friend better.
- A classmate helps another student study for an upcoming exam.
- A person allows their friend to copy their test answers.

2. Share and explain your choices with the class

2 EXPLORE

A 1. Watch and take notes

Watch the video and take notes on the scenes using the space in Page 3.



Take notes:

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2. Discuss the video.

Discuss the questions below with your class.

- a. What do you think about the old man's actions in the past? Did he think he would get something back later?
- b. If someone asks you, "Will you help someone when you can?" how would you answer?
- c. What is in the man's note? Share your opinion about it.



Big question: Why should we lend a helping hand?

Read the questions below and share the answer with your class.



- 1. Why should we lend a helping hand?
- 2. Should we expect something in return for our acts of kindness?
- 3. Do we always have to help people? Why or why not?

3 EXPLAIN

A



1. Telling a story

When do you use the following sentence structures? Choose the correct function for each group.

- To begin the story
- To describe events
- To conclude the story
- To transition between ideas

1

"At the start of the story..."
 "The story took place in..."
 "We met (character) who..."

2

"First..."
 "Then..."
 "Next..."
 "After that..."
 "Later..."
 "Meanwhile..."
 "As time passed..."

3

"In the end..."
 "Finally..."
 "At last..."
 "Eventually..."
 "The story concludes with..."
 "In the final part of the story..."

4

"[Character] decided to..."
 "Because of this..."
 "As a result..."
 "[Character] learned..."
 "[Character] realized..."

B  **Graphic organizer**

Use your notes to complete the graphic organizers below about the story of the video you watched in Exercise 2A.

Characters

How is the story started?

Solution

Problem

How is the story ended?

Key messages from the story



C  **1. Retell the story**

Retell the story in the video. Write about 100 words based on your graphic organizer. Remember to use the useful language you learned.

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2. Share and learn

In your group, share your writing. Note down any new words you learn from your friends' stories in the space provided in Exercise D.



3. Let's vote!

Vote for the best retelling story that you read. Say why you like it.

Use these questions to help you identify a good retelling story:

- 1. Does the story have a clear beginning, detailed events, and ending?
- 2. Are the important parts of the story from the original included?
- 3. Are there descriptive words that make the story more interesting?
- 4. Does the story keep the main message of the original story?

D **Aa** **Learn new words from your friends**



Walk around, share, and learn new words from your classmates. Write the meanings for the words in the space below.

New word 1

Definition

Example:

New word 2

Definition

Example:

New word 3

Definition

Example:

New word 4

Definition

Example:

New word 5

Definition

Example:

New word 6

Definition

Example:

4 ELABORATE



1. Group work: Case studies

Choose a situation below. Discuss its positive impacts, risks, and necessary precautions.

What are the potential positive impacts of each case?



Case 1: An elderly lady is struggling to carry their groceries home. You offer to help them carry the bags to their house.

Case 2: You notice a fellow student being bullied in the schoolyard. You decide to intervene by standing up to the bully and supporting the victim.



What risks might be involved in each case?

Case 3: You witness a car accident and decide to rush to the scene to help the victims.

What necessary precautions should be taken in this case?



2. Share your group's analysis with the class.



3. Discuss the questions below.

- What were the common reasons for helping?
- What were the most common challenges?
- How do people overcome these challenges?

B



1. Get ready to debate

Read the big question in 2B. Choose your side (For or Against) and brainstorm ideas, using the prompt questions below.

For helping others

- What are some positive outcomes of helping others?
- How can acts of kindness improve the community?
- Can helping others lead to personal growth? How?
- What are some real-life examples where helping others has made a significant impact?
- How does helping others foster a sense of connection and empathy?

Against helping others

- What are the potential risks or downsides of helping others?
- Can helping others sometimes lead to negative consequences for the helper?
- Are there situations where helping might not be appropriate or effective?
- How can helping others impact your own resources and well-being?
- What are some examples where helping others has backfired or led to unintended consequences?

DEBATE 2. Let's debate.

Why should we lend a helping hand?

A For

B Against

- ✓ Respect others' opinion
- ✓ Stick to the topic
- ✓ Use evidence
- ✓ Stay calm
- ✓ Follow time limit

KNOW THE RULES!

Useful language

Expressing agreement:

I support the notion that...
I am in favor of...
You can say that again.

Expressing disagreement:

I understand what you said, but I think that...
I find it hard to agree with the idea that...
I'm sorry, but I can't agree with you.

5 EVALUATE

A  **Let's reflect!**

What have you learned today? Check the list.

- Understand** the positive impact of helping others.
- Recognize** potential risks and how to be cautious when helping.
- Learn** new vocabulary related to helping and caution from other students.
- Write** a clear and structured retelling of a story focusing on sequence and key events.
- Express** opinions on the effects of helping others through a class debate to raise awareness about evaluating situations before offering assistance.
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B  **Let's write!**

Write a 70-word paragraph about how you decide to help others and what you need to consider before offering help.

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